



**INTERVAL+
SWIM SOLUTION
WATERPROOF**
FITS IPOD SHUFFLE® 4 GENERATION
WWW.H2OAUDIO.COM

INTRODUCTION

The H2O Audio Interval+ is a swim specific music solution for the iPod shuffle (4th Gen). The integrated waterproof case with headphones easily attaches to any swim goggle providing a low profile, tangle free, music experience.

USING YOUR INTERVAL+ THE FIRST TIME

Before using your Interval+ Swim Solution for the first time, it is highly recommended that you become familiar with opening and closing the case to ensure the case is sealed properly during use.

1. Open the case and verify the seal area is clean and free of debris or damage.
2. Close and lock the case without the shuffle inside.
3. Submerge the system in water and soak for 30 min.
4. Manipulate the push button controls during submersion.
5. Remove from water and dry exterior so water does not fall inside when opened.
6. Open the case and ensure there is no water inside.

DO NOT USE IF WATER IS FOUND INSIDE PLEASE CONTACT H2O AUDIO CUSTOMER SUPPORT IMMEDIATELY.



**SUBMERSIBLE
WATERPROOF**

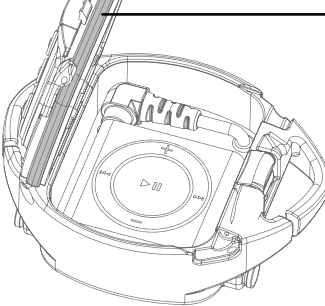


**SECURE FIT
FOR ATHLETES**

CHECKING THE WATERPROOF SEAL

The Interval+ features a removable waterproof seal that forms a waterproof barrier between the base and lid of the case. It is extremely important that special attention is paid to ensure the seal is completely seated in the groove of the lid. If the seal is loose, out of alignment, twisted or pinched in any way, it will compromise the waterproof integrity of the case and should not be used.

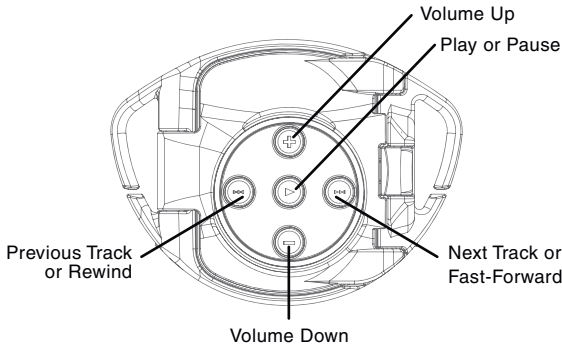
Any debris such as hair or sand will keep it from forming a watertight barrier and should be cleaned off before use.



Waterproof Seal

CAUTION: If the seal comes out of alignment, carefully place it in the groove, ensuring all 4 corners are correctly installed. Compress the lid into the base and then re-open it to make sure the seal is fitted correctly into the groove. The seal should appear straight and uniform along the edge and should not fall out easily.

CONTROLLING YOUR IPOD SHUFFLE



ACHIEVING THE BEST FIT

To get the best performance out of your Interval+ Swim Solution it helps to take the time to ensure a proper fit. We encourage you to experiment with different earplug sizes and the angle of insertion until you find the combination that sounds and fits best.

SAFETY INFORMATION

Please read this manual carefully. If you have any questions please contact H2O Audio Customer Service prior to use.

Improper use of this system may cause the user to make mistakes or decisions that may lead to serious injury or death.

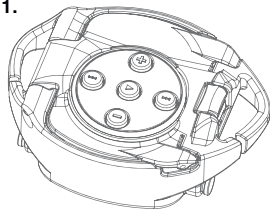
Always make sure to have the audio player volume turned to zero and the headphones turned away from the ears when turning on the audio player. If the volume level is not zero when the audio player is turned on, it may cause ear injury due to a sudden burst of volume. The volume should be slowly increased with an audio track playing to set the speaker volume to comfortable output levels prior to positioning the headphones next to the ears. Hearing experts advise against continuously loud and extended play. If you experience ringing in your ears, reduce volume or discontinue use.

It can be potentially dangerous to use headphones while engaging in activities that require your full attention. You should exercise extreme caution or discontinue use in potentially hazardous situations. Do not use the headphones while driving, cycling, or operating any motorized vehicle. It may create a traffic hazard and is illegal in some areas. Those users that elect to utilize this system at, or near, the water's surface, must maintain safety awareness of moving water crafts.

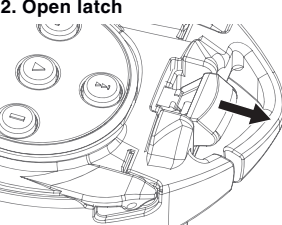
WARNING: Ear tips should always be used.
WARNING: Contains small parts which may be a choking hazard.
Not suitable for children under 3 years old.
WARNING: This product contains magnetic material.

INSTALLING THE IPOD SHUFFLE (4TH GEN) INTO YOUR INTERVAL+

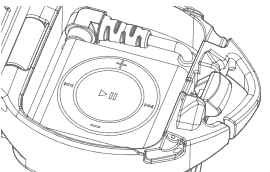
1.



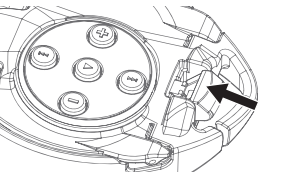
2. Open latch



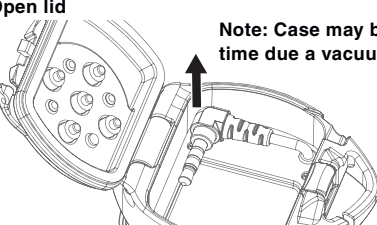
4. Turn shuffle on and plug into case



5. Close lid - latch should lock automatically

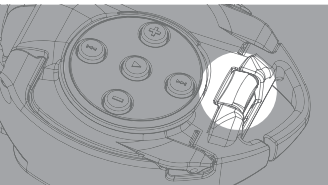


3. Open lid



Note: Case may be difficult to open the first time due a vacuum formed during shipping

6. Ensure case is closed and locked



Note: Shuffle must be turned on before case is closed

The Interval+ features a wide variety of ear tip sizes designed to create a watertight seal and provide a comfortable, secure fit. Includes:

- 5 pair of blue elastomer earplugs: XS, SM, MD (installed), LG, and XL

The insides of the blue elastomer earplugs are labeled to aid in identification. Flip them inside out to identify sizes.

- 1 pair of black small tree tip earplugs for swimming, or if you have trouble keeping earplugs in your ears.



XS

SM

MD

LG

XL

TREE TIP

H2O Audio is always developing new ear tips to ensure the best fit for all our customers. For more information on available ear tip styles and sizes please visit www.H2OAudio.com.

Here are a few tips we've discovered through feedback from our customers:

- Push the ear tips into your ear canals far enough to establish a secure fit but not so far that they become uncomfortable.
- A tighter seal may be achieved by pulling your upper ear back while inserting the ear tips.

- You may find it preferable to use different size ear tips for each ear.

For optimal performance in water, the ear tips should completely seal your ear canals:

- Insert ear tips before your ears get wet to achieve the best watertight seal.

- The tree tip or a larger size ear tip may be preferable during active and/or in water use as they may offer more contact with the ear for a tighter seal.

- Wrapping the headphone cables around your swim goggle straps before placing them in your ears can help secure a better fit.

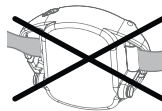
- The headphones may stay in place more easily if they are tucked underneath a swim cap.

WEARING YOUR INTERVAL+

The Interval+ is designed to be worn on the back of the head, attached to a swim goggle strap. The case can be installed on the top or bottom goggle strap and can be worn high or low on the head depending on preference.

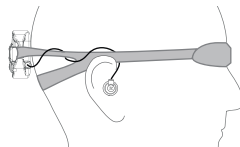
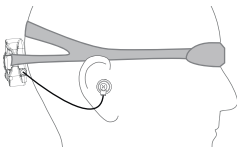


Swim goggle strap should be attached to the Interval+ as shown



Do not attach swim goggle strap over the front of the Interval+

Headphone cord can hang below or over the ear and may be tucked under a swim cap.



MAINTAINING YOUR INTERVAL+

Your H2O Audio Interval+ Swim Solution is completely waterproof. After in-water use, you can rinse off your Interval+ with clean water and let it air dry for your next use.

FAQs

1. What happens if my headphones fall out of my ears while in the water?

The Interval+ is 100% waterproof and can be exposed or submerged in water for an unlimited amount of time. If the headphones come out of your ears and fall into the water, simply shake or blow off any water that remains in the earplug to ensure the best sound experience.

1 YEAR LIMITED WARRANTY

H2O Audio one year limited warranty covers defects in materials and/or workmanship of all H2O Audio branded product for 1 year from the date of original purchase. This warranty does not apply to any products which have been neglected, altered, abused, used for a purpose other than the one for which they were manufactured, repaired by customer or any party without H2O Audio's written authorization, or used in any manner inconsistent with H2O Audio's instructions. Please refer to the care and maintenance instructions for more details.

Products must be purchased from an Authorized Dealer. This limited warranty is not valid for product purchased through an unauthorized source. For a directory of H2O Audio Authorized Dealers, please visit the store locator section on the company website. If you have questions as to whether or not a dealer is authorized, please contact Customer Support.

H2O Audio will, at its sole discretion and without charging the customer, repair or replace any product components that fail in normal use during the limited warranty period. The customer will be responsible for the cost of shipping the product to H2O Audio. H2O Audio will pay the cost of returning the repaired or replacement product to the customer. IN NO EVENT WILL H2O AUDIO'S LIABILITY TO CUSTOMER EXCEED THE PURCHASE PRICE OF THE SPECIFIC PRODUCT SUBJECT TO THE WARRANTY CLAIM.

The warranty is valid only for the original owner who purchases the product from an Authorized Dealer. Transfers do not qualify for warranty protection.

H2O Audio reserves the right to replace any out-of-stock, discontinued, or limited edition product with a comparable product. Discontinued products may not be available for warranty replacement.

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RETURN AUTHORIZATION

Prior to any return, a Return Authorization (RA) number must be obtained. To receive an RA number, contact Customer Service at support@h2oaudio.com. Proof of purchase from an Authorized Dealer will be required.

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